



## Antioxidant Effects of Styra Liquidus on DMBA-exposed Rat Tongue Tissues

### Styra Liquidus'un DMBA Uygulanmış Rat Dil Dokuları Üzerindeki Antioksidan Etkileri

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#### Abstract

**Objective:** Natural products with antioxidant components are believed to have a strong potential for the prevention of cancer and some degenerative diseases. Liquidambar orientalis Miller (Styra Liquidus) has strong *in vitro* antioxidant activity. The purpose of this study was to evaluate the effects of Styra Liquidus on antioxidant defense mechanisms in 7,12-dimethylbenz(a)anthracene (DMBA)-applied rat tongue tissue.

**Materials and Methods:** Wistar rats (n=30) were randomly divided into control, DMBA, DMBA + SL, and SL groups. The control group was treated with liquid paraffin only, the DMBA group was treated with 0.5% DMBA, DMBA and Styra Liquidus were applied to the DMBA + SL group, and only Styra Liquidus was applied to the SL group. All applications were made to the oral mucosa. Sixteen weeks later, the tongue tissue of all animals were removed. Superoxide dismutase, catalase, glutathione peroxidase enzyme activities, and malondialdehyde and total antioxidant status levels were measured.

**Results:** All parameters were significantly lower in the SL + DMBA group. Antioxidant enzyme activities and oxidative stress parameters were lowered in the SL + DMBA and SL groups. SL + DMBA application is believed to have an inhibitory effect on the antioxidant enzymes measured in this study; however, the decrease in malondialdehyde levels (lipid peroxidation marker) highlights the antioxidant effect of Styra Liquidus in 7,12-dimethylbenz(a)anthracene-exposed rat tongue tissues.

**Conclusion:** Styra Liquidus exhibited *in vivo* antioxidant activity in an oral cancer model. Further research may be useful in understanding the exact mechanisms underlying this effect.

**Keywords:** Antioxidant, 7,12-Dimethylbenzanthracene, Liquidambar, oral cancer, oxidant, Styra

#### Öz

**Amaç:** Antioksidan içerikli doğal ürünlerin kanser ve bazı dejeneratif hastalıkların önlenmesinde güçlü bir potansiyele sahip olduğuna inanılmaktadır. Liquidambar orientalis Miller'in (Styra Liquidus) güçlü *in vitro* antioksidan aktiviteye sahip olduğu bilinmektedir. Bu çalışmada, Styra Liquidus'un 7,12-dimetilbenz(a)antrasen (DMBA) uygulanan rat dil dokularında antioksidan savunma mekanizmaları üzerindeki etkilerinin değerlendirilmesi amaçlanmıştır.

**Gereç ve Yöntemler:** Çalışmaya dahil edilen otuz adet Wistar türü rat rastgele kontrol, DMBA, DMBA + SL ve SL gruplarına ayrılmıştır. Kontrol grubuna sıvı parafin, DMBA grubuna %0,5'lik DMBA, DMBA + SL grubuna DMBA ve Styra Liquidus, SL grubuna ise yalnızca Styra Liquidus uygulanmıştır. Tüm uygulamalar oral mukozaya yapılmış olup, deney süresinin sonunda tüm hayvanların dil dokuları alınmıştır. Dokulardaki süperoksit dismutaz, katalaz, glutatyon peroksidaz enzim aktiviteleri ve malondialdehit ve total antioksidan durum düzeyleri ölçülmüştür.

**Bulgular:** SL + DMBA grubunda tüm parametreler anlamlı derecede düşük bulunmuştur. SL + DMBA ve SL gruplarında antioksidan enzim aktiviteleri ve oksidatif stres parametreleri diğer gruplara kıyasla daha az olarak bulunmuştur. Styra Liquidus ve DMBA uygulamasının bu çalışmada ölçülen antioksidan enzimler üzerinde inhibitör etkisi olduğu düşünülmüştür; ancak, lipid peroksidasyon

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belirteci olan malondialdehit düzeylerindeki azalma, Styrax Liquidus'un DMBA'ya maruz kalan rat dil dokuları üzerindeki antioksidan etkisinin altını çizmektedir.

**Sonuç:** Styrax Liquidus bu çalışmada oral kanser modelinde *in vivo* antioksidan aktivite sergilemiştir. Bu etkinin mekanizmasının anlaşılması için başka çalışmalara da ihtiyaç vardır.

**Anahtar Kelimeler:** Antioksidan, 7,12-Dimetilbenzantrazen, Liquidambar, oral kanser, oksidan, Styrax

## Introduction

Reactive oxygen species (ROS) are a highly reactive group of molecules produced mostly in the mitochondria (electron transport chain) during the respiratory functions of a cell. These molecules include hydroxyl and superoxide radicals and stable molecules such as  $H_2O_2$  (1). In healthy cells, ROS levels are balanced through various mechanisms and detoxification processes. However; if the redox balance is somehow disrupted, this causes oxidative stress and may have pathological consequences such as diabetes mellitus, atherosclerosis and cancer (2).

Cancer is serious disease that has very high mortality rates around the world (3). Oral cancer, including lip and oral cavity, salivary gland, oropharynx, nasopharynx and hypopharynx cancers, is the 7<sup>th</sup> most commonly encountered type of cancer worldwide (4). Oral squamous cell carcinomas (OSCC) include more than 90% of oral cancers (5). Oral cancers have high mortality and morbidity rates, treatment is costly, and it does not always have such good prognosis (6,7).

Chemoprevention is a novel and promising method that has been subject to numerous studies investigating the anticancer effects of plants and plant-derived chemicals (8). Many plants used in chemoprevention studies have a variety of pharmacological activities such as antioxidant, anticancer, antitumor and/or cytotoxic properties (9-12). Chemopreventive plants or plant-derived chemicals may inhibit the initiation phase or revert the promotion phase of the carcinogenesis process. They also have the potential to inhibit the progression of premalignant lesions to malignant stages (13).

*L. orientalis* Mill. is an herbaceous plant mostly found in several regions of Southeast Asia and the Mediterranean region. *L. orientalis* Mill. trees exude a resinous balsam from the wounded parts of their trunk called Styrax Liquidus. It has been reported to possess antiseptic (14), antimicrobial (15), antibacterial (16,17), antiulcerogenic (18), antiviral (19), antifungal (20), antihypertensive (21), anticonvulsant (22), antioxidant (23) and antimutagenic (24) properties. Moreover, it has been used in different cultures as a phytotherapeutic agent for skin (wounds, cuts, burns, psoriasis and other skin diseases), stomach (ulcers, stomach ache) and respiratory diseases (cough, asthma and bronchitis) (25). Also, it has been shown to have neuroprotective effects in cerebrovascular diseases (26). The major components of Styrax Liquidus are cinnamic esters (especially cinnamic acid), styrene and vanillin.

Cinnamic acid is known for its antimicrobial and antioxidant properties (20,22). The aim of this study was to evaluate the effects of Styrax Liquidus on antioxidant defense mechanisms in tongue tissues of rats that have been locally exposed to 7,12-dimethylbenz(a)anthracene (DMBA).

## Materials and Methods

This study was approved by the Gazi University Animal Experiments Local Ethics Committee (approval number: G.Ü.ET-17.018, date of approval: 02.03.2017).

### Plant Material

The crude balsam of *L. orientalis* Mill. was obtained from the provincial directorate of Ministry of Agriculture and Forestry in Muğla province of Turkey. 100 mg pure Styrax Liquidus was dissolved in 1 mL ethanol (99.9%) (100 mg/mL). The solution was diluted with ethanol to procure 50 mg/mL concentration. Then it was mixed with glycerin with a 1:1 (v/v) ethanol-glycerin ratio to achieve 10 mg/mL concentration. The solution was kept in dark-colored bottles at +4 °C.

### Carcinogenic Material

DMBA (Sigma-Aldrich, Milwaukee, WI, USA) is a potent carcinogen used in oral cancer animal models, which induces oxidative stress and eventually results in precancerous and cancerous lesions histopathologically and morphologically similar to human oral precancerous and cancerous lesions (10,27). The DMBA used in this study was prepared with liquid paraffin (0.5%, w/v), according to previous research protocols (28,29). The solution was kept in opaque bottles at 27 °C.

### Animals and Experimental Design

Male Wistar rats (n=30) were randomly divided into four groups (Control, DMBA, SL + DMBA, SL). The control group consisted of 6 rats, while 8 rats were assigned to other groups. Liquid paraffin, 0.5% DMBA dissolved in liquid paraffin and *L. orientalis* Mill. extract was applied to the oral mucosa of the animals with a no 4 paint brush. Control group was treated with liquid paraffin thrice a week (Monday, Wednesday, and Friday). DMBA group was painted with 0.5% DMBA frequently as the control group. SL + DMBA group received 10 mg/mL *L. orientalis* Mill. extract application twice (Tuesday, Thursday), and was treated with 0.5% DMBA thrice a week. SL group was applied *L. orientalis* Mill. extract twice a week (Tuesday, Thursday). Animals were kept under controlled conditions. Animals

were provided with rat chow and water. After 16 weeks of applications, all animals were sacrificed and tongue tissues of all animals were excised as a whole. The samples were kept at -80 °C until homogenization.

### Biochemical Analysis

Tongue tissue samples were prepared and analyzed using the same methods as previously by the authors (30). Catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GSH-Px) enzyme activities and malondialdehyde (MDA) and total antioxidant status (TAS) levels measured in all samples.

### Statistical Analysis

SPSS 11.5 software was used for statistics. Mean  $\pm$  standard deviation and median (minimum-maximum) were used to express normally and not normally distributed values, respectively. ANOVA was used if the values were normally distributed and Kruskal-Wallis test, if not. Post-hoc Tukey test was used for binary comparisons after ANOVA and Bonferroni adjusted Mann-Whitney U test was used after Kruskal-Wallis test.  $P < 0.05$  were considered as statistically significant.

## Results

All enzyme activities were significantly lower in StyraX Liquidus applied groups in comparison to the DMBA group ( $p < 0.05$ ) (Table 1, Figures 1-3). SL+DMBA and SL groups also revealed significantly lower values compared to the Control group considering CAT and SOD levels ( $p < 0.05$ ) (Table 1, Figures 1, 2). MDA levels were statistically lower with regard to the DMBA group, in SL + DMBA and SL groups ( $p < 0.05$ ) (Table 1, Figure 4). TAS levels were significantly decreased in the SL + DMBA group with regard to control and DMBA groups ( $p < 0.05$ ) (Table 1, Figure 5).

## Discussion

This study was conducted to evaluate the impact of StyraX Liquidus on the oxidant/antioxidant system in tongue tissues of DMBA-exposed rats. DMBA is a potent carcinogen that exhibits its effects mainly through chronic inflammation, ROS production and oxidative DNA damage (9,27,31). It is widely used in experimental OSCC models because it induces lesions very similar to human OSCC regarding histological, morphological and invasive properties (11). Carcinogenesis is a multi-stage process with initiation, promotion and progression phases.

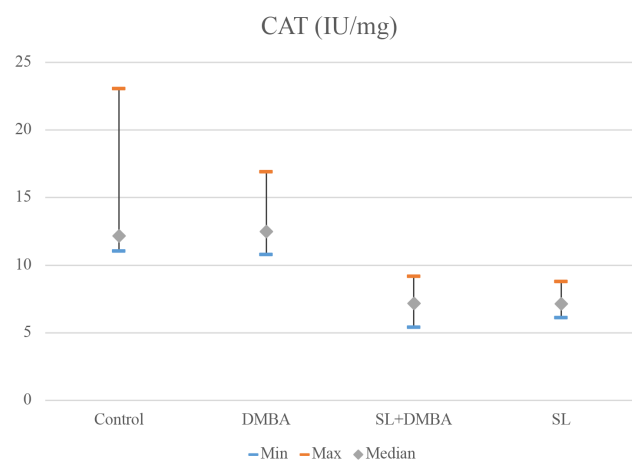
**Table 1. CAT (IU/mg), SOD (U/mg), GSH-Px (mIU/mg) enzyme activities and MDA (nmol/mg) and TAS ( $\mu$ mol Trolox eq/L) values of the tongue tissue samples, descriptive statistics and multiple comparisons**

	CAT Median (min-max)	SOD (mean $\pm$ SD)	GSH-Px (mean $\pm$ SD)	MDA (mean $\pm$ SD)	TAS (mean $\pm$ SD)
Control (n=6)	12.17 (11.04-23.04)	3.96 $\pm$ 0.84	36.83 $\pm$ 12.91	1.42 $\pm$ 0.53	0.27 $\pm$ 0.04
DMBA (n=8)	12.47 (10.77-16.89)	3.30 $\pm$ 0.30	32.13 $\pm$ 2.10	1.18 $\pm$ 0.15	0.23 $\pm$ 0.03
SL + DMBA (n=8)	7.17 (5.40-9.18)	2.27 $\pm$ 0.14	23.50 $\pm$ 5.95	0.88 $\pm$ 0.10	0.17 $\pm$ 0.02
SL (n=8)	7.13 (6.09-8.77)	2.47 $\pm$ 0.20	28.87 $\pm$ 2.10	0.97 $\pm$ 0.04	0.23 $\pm$ 0.07
Kruskal-Wallis test/ANOVA					
Multiple comparison (p-values)	0.000	0.000	0.007	0.002	0.002
Bonferroni adjusted Mann-Whitney U test/Tukey test (p-values)					
Control vs. DMBA	1.0	0.338	0.813	0.717	0.342
Control vs. SL + DMBA	0.010	0.015	0.180	0.173	0.001
Control vs. SL	0.006	0.025	0.501	0.270	0.265
DMBA vs. SL + DMBA	0.007	0.000	0.017	0.002	0.042
DMBA vs. SL	0.004	0.000	0.035	0.020	0.998
SL + DMBA vs. SL	1.0	0.151	0.147	0.173	0.062
CAT: Catalase, SOD: Superoxide dismutase, GSH-Px: Glutathione peroxidase, MDA: Malondialdehyde, TAS: Total antioxidant status, min-max: Minimum-maximum, DMBA: 7,12-dimethylbenz(a)anthracene, SD: Standard deviation					

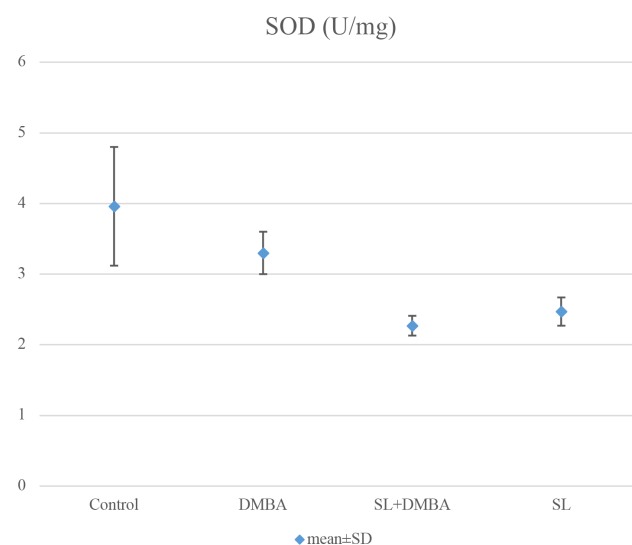
There is no single element associated with cancer formation. However, DNA oxidation is considered the most important factor due to involvement of oxidative stress in all stages of carcinogenesis (6).

*L. orientalis* Mill. has numerous pharmacological properties including antimutagenic, genotoxic, cytotoxic and antioxidant effects (23,24,32). Recently, in other studies its biological effects on cancer cell lines through cytotoxicity, apoptosis and autophagy has been investigated (32-34). Atmaca et al. (32) has shown that *Styrax Liquidus* inhibits viability of prostate cancer cell lines through induction of autophagy by inhibition of various signaling pathways. Cetinkaya et al. (34) used the aerial parts of the plant to obtain an extract and found that the extract showed anticancer activity on colorectal cancer cell lines through apoptotic pathways. Lastly, Baloglu et al. (33) used *L. orientalis* oil on breast,

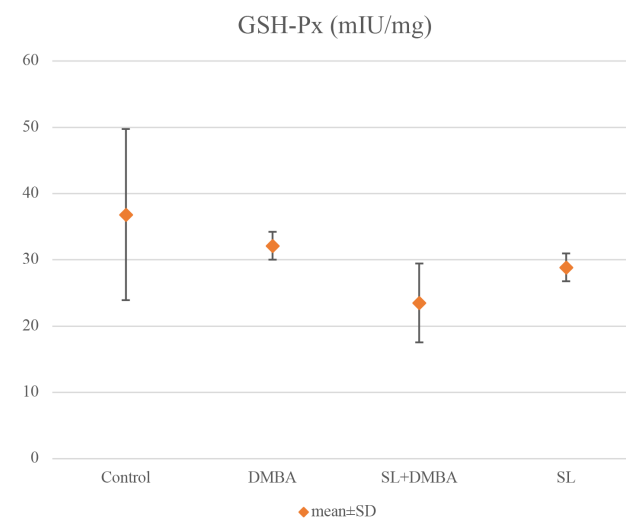
lung and prostate cell lines which revealed antitumor effect on all cancer lines but that it had the most cytotoxic effect on the breast cancer cell lines. All studies were done *in vitro* on cancer cell lines; however, the present study was carried out *in vivo*. In this study, the *in vivo* antioxidant effect of *Styrax Liquidus* was investigated on DMBA-exposed rat tongue tissues.



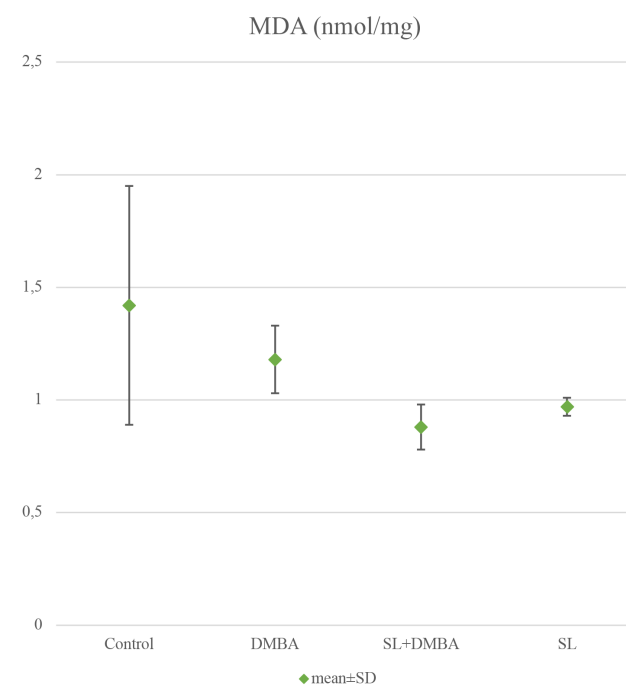
**Figure 1.** Descriptive statistics of the CAT (IU/mg) values  
CAT: Catalase, DMBA: 7,12-dimethylbenz(a)anthracene



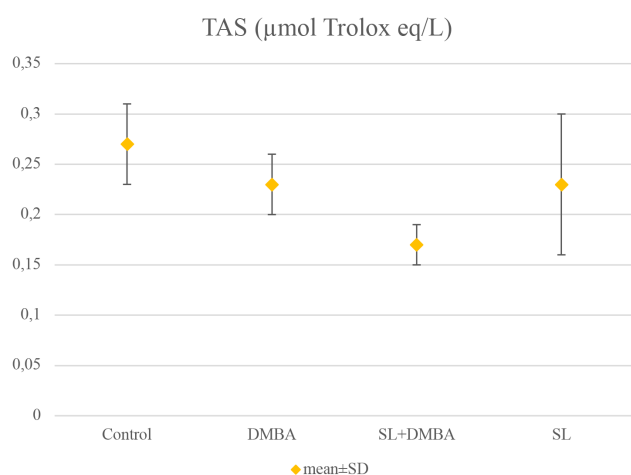
**Figure 2.** Descriptive statistics of the SOD (U/mg) values  
SOD: Superoxide dismutase, DMBA: 7,12-dimethylbenz(a)anthracene, SD: Standard deviation



**Figure 3.** Descriptive statistics of the GSH-Px (mIU/mg) values  
GSH-Px: Glutathione peroxidase, DMBA: 7,12-dimethylbenz(a)anthracene



**Figure 4.** Descriptive statistics of the MDA (nmol/mg) values  
MDA: Malondialdehyde, DMBA: 7,12-dimethylbenz(a)anthracene, SD: Standard deviation



**Figure 5.** Descriptive statistics of the TAS ( $\mu\text{mol Trolox eq/L}$ ) values

TAS: Total antioxidant status, DMBA: 7,12-dimethylbenz(a)anthracene

CAT, SOD and GSH-Px enzyme activities were lowest in SL + DMBA group. This is believed to have happened because of an interaction between Styra Liquidus and DMBA, which may have produced a by-product that has the potential to disrupt these enzymes' activities. More studies are needed to further enlighten this mechanism. TAS levels were also significantly decreased in the corresponding group. This decrease was interpreted to be the result of lowered antioxidant enzyme activities (CAT, SOD, and GSH-Px). TAS levels express the residual free radical scavenging capacity after ROS neutralization (35). The decrease in TAS levels is supportive of the assumption that the antioxidant enzyme activities were disrupted in the SL + DMBA group.

In the SL group, all enzyme activities were significantly lower compared to the DMBA and control groups. This decrease was believed to be a result of the antioxidant effect of Styra Liquidus. The antioxidant effect of Styra Liquidus as an exogenous antioxidant might have prevented oxidative stress formation; thus, suppressing the need for endogenous antioxidant enzyme production and activity.

MDA is a marker of lipid peroxidation that is considered indicative of oxidation or oxidative stress. As lipid peroxidation in a tissue is increased consequently MDA levels increase (6,36). In the present study, MDA levels were significantly lower in Styra Liquidus-applied groups compared to other groups. In the SL + DMBA group, the MDA levels were thought to have decreased as a consequence of the radical scavenging activity of Styra Liquidus. Lower MDA levels in the S group show Styra Liquidus does not cause any oxidative damage to healthy tissues; on the contrary, it acts as an exogenous antioxidant and lowers the oxidative stress.

## Conclusion

Considering the results obtained in this study, Styra Liquidus has revealed *in vivo* antioxidant efficacy in DMBA-exposed rat tongue tissues. Especially the decreased MDA levels in the SL + DMBA group is an important data pointing out the antioxidant effect. The fact that a decrease in MDA level was achieved regardless of the suppressed antioxidant enzyme activities is believed to be caused by the antioxidant components of Styra Liquidus. Styra Liquidus may be a promising candidate for further research regarding its mechanisms of action against oxidative stress and cancer.

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## Ethics

**Ethics Committee Approval:** This study was approved by the Gazi University Animal Experiments Local Ethics Committee (approval number: G.Ü.ET-17.018, date of approval: 02.03.2017).

**Informed Consent:** Informed consent is not required.

**Peer-review:** Externally peer-reviewed.

## Authorship Contributions

Surgical and Medical Practices: D.N.Ş., Concept: İ.R.K., H.S.Ö., Design: İ.R.K., H.S.Ö., Data Collection or Processing: D.N.Ş., Analysis or Interpretation: H.S.Ö., Literature Search: D.N.Ş., Writing: D.N.Ş., İ.R.K., H.S.Ö.

**Conflict of Interest:** No conflict of interest was declared by the authors.

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